

Josh – 1

I have read all of Chapter 1.

1. This chapter reminded me of something I'd forgotten that I used to do when I was a kid.... This is important to me because.... Now that I know this, I'm going to call up my uncle and apologize to him for not listening more closely to what he had to say to me.
2. Now that I think about it, I realize that I tend to use the nonassertive approach to problem solving. That doesn't usually work all that well, because... The next time I get into a disagreement with someone, I'm going to....